

*Yoga Connection*  
Return to the True Spirit of Yoga

## **Yoga Connection Skype Classes**

Join us live online to get your yoga fix during this tumultuous time.

Classes Monday to Saturday

all from 10:00 - 11:00 AND

Monday night 18:00

*Breakke*

Meghan - Monday and Thursday

Christa - Tuesday and Friday

Shahnaz - Wednesday and Saturday

Usual class fees apply. 7 classes available per week.

One class a week R300

Two classes a week R400

Unlimited classes R450

For more info and to join check out our website

[www.yogaconnection.co.za](http://www.yogaconnection.co.za)

Or Contact us

Alan 082 4450447

Meghan 072 6093655